

Midterm 2 Study Guide

Exploration Stage, Role of Therapist

Purpose of Exploration Stage

Rogerian Client Centered Therapy (all facets)

Psychoanalytic Therapy (all facets)

Existential Therapy Focus

Solution Focused Therapy (all facets)

Reality Therapy (all facets)

Cognitive Behavior Therapy (all facets)

Efficacy of humanistic therapies

Cunha et al (2012) study – in book

Function of eye contact

Bodily Movements and meaning

Importance of nonverbal behavior

Emotional Expression/Facial Expressions

Posture in Therapy

Nonverbal leakage

Restatements and Reflections in therapy process

Open Questions and facilitating Client exploration

Emotions and therapeutic change

Family Systems Therapy