

## **Abnormal Psychology**

### **Psychology 415**

**TTH 830-945, 66-101**

**Fall 2019**

Instructor: Saadia McLeod, Ph.D.

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**Website for all course materials: [www.drsaadiamcleod.com](http://www.drsaadiamcleod.com)**

Blackboard will only be used to post grades. Be sure check your bronco email for any communications from the instructor. Changes and additions to the course may be posted in class and/or via email.

**Course Description:** The causes, description, and treatment of the extremes of human behavior. Emphasis is on an integrated analysis from a psychosocial viewpoint. Four lecture discussions. Prerequisite: PSY 201 or 202.

#### **Expected Outcomes:**

- Develop historic foundation of psychopathology
- Understand cultural referents of psychopathology
- Knowledge of the major theories of etiology of psychopathology
- Knowledge of the major theories of the treatment of psychopathology
- Knowledge of disorders outlined in the DSM-5
- Analyze critical issues in studying abnormal behavior
- Knowledge of basic legal concerns in psychopathology
- Awareness of the criteria differentiating abnormal and normal behavior

#### **Required Text:**

Sue, D., Sue, D.W., & Sue, S. (2010). Understanding Abnormal Behavior (11<sup>th</sup> ed). Boston: Houghton Mifflin Co.

**Grading Scale:** A = 93+ points, A- = 90+ points, B+ = 87+ points, B = 83+ points, B- = 80+ points, C+ = 77+ points, C = 73+ points, C- = 70+ points, D+ = 67+ points, D = 63+ points, D- = 60+ points, F = < 60 points.

Components of course grade: Midterm = 30 points; Final = 40 points; Group Presentation/Paper = 20 points; Participation/Group work = 10 points. Exams: The exams will consist of multiple choice questions and short answer essay questions. Exams may include material from lecture, discussion, slides, assigned readings, or in-class group work. The final exam will not be cumulative.

**Group Presentation:** The final project will be done in a 4-5 person group. Each group is expected to present on a specific mental illness. The duration of the presentation will depend on the number of groups formed (at least 30 minutes). Students may choose any disorder published in the Diagnostic and Statistical Manual – 5. These include mood disorders, anxiety disorders, eating disorders, ADHD, Autism, personality disorders, paraphilias, psychosis, personality disorders, substance use, and trauma . This is just some of the possible areas of focus. The presentation should describe the disorder diagnosis, include an interview of a counselor/therapist who treats that disorder, describe the major challenges to the counseling process for both client and therapist and, lastly, therapeutic approaches to treatment and efficacy. The presentations must have a visual component (power point, video, brochures), 5-page (minimum) paper summarizing the information, and an annotated bibliography with APA-style references. In addition, each group will submit a list of responsibilities met by each group member. Keep in mind that your individual grade will reflect YOUR effort and contribution made to developing the presentation. This is not a group grade!

**Please turn in your topic of interest and list of your group members names by the first midterm.**

**Participation:**

Students are expected to attend class, to be on time, and to **actively participate in class** discussions and activities. Students should come to class having done the required reading for that day and with all completed tasks and assignments. You should be prepared to discuss the readings and topic for that day, challenge the ideas presented, present your own thoughts and ideas, and integrate these with material from the readings.

**Student Etiquette:**

It is also expected that students in the class will act in a professional manner at all times, especially when in group work. This means that you should treat everyone with respect, pay attention, and keep everything you hear confidential. CONFIDENTIALITY with regard to student information heard during class IS AN ABSOLUTE REQUIREMENT. Disregard of this confidentiality policy could result in failure of the course.

**Make up Exams:**

Make-up exams will be given only in cases of extreme emergency (e.g., passing of an immediate family member, a car accident, or emergency surgery). Emergency must be supported with official documentation. Arrangements must be made with the professor ahead of time. One letter grade will be taken off for every day the exam is late.

Academic dishonesty (see [dsa.csupomona.edu/judicial affairs](http://dsa.csupomona.edu/judicial%20affairs)) may result in course failure and sanctions from the Judicial Affairs office.

**Classroom Etiquette:**

Students are expected to abide by the university standards of academic integrity (e.g., no cheating, plagiarism, drunkenness, etc.) and civility (i.e., proper conduct). Students who are caught cheating may fail that assignment or the entire course and may be reported to Judicial Affairs. Students are also expected to treat professors, staff, and fellow students with the utmost respect. Incidents of behavioral misconduct may be reported to Judicial Affairs. Given the sensitivity of the course topic, it is absolutely essential that students maintain an environment of intellectual openness, rational discussion, and mutual respect.

**Disability:**

If you believe you have a physical, emotional, or medical condition that may impact your ability to succeed in this course, contact the Disabilities Resource Center (Building 9, room 103) who will communicate directly with your professor any appropriate accommodations that should be made on your behalf.

### **Email Communication:**

When communicating with the professor, please be sure to include your full name, and the name of the class and section number in your email. Also, allow 24-48 hours during weekdays to get my response and expect 48 to 72 hours during weekends. It is critical that before you contact me, you consult with the syllabus. I will not respond to emails when the answer is in the syllabus.

### **Getting Help:**

Students experiencing significant personal distress should call Cal Poly Pomona Counseling and Psychological Services at (909)869-3220, or visit them in Building 66 (Bookstore), Room 110.

### **Tentative Class Schedule (Subject to change at professor's discretion)**

<u>Date</u>	<u>Topic</u>	<u>Text</u>
Thursday ,8/22	Introduction to the Course	
Tuesday, 8/27	Defining Abnormality	Ch. 1
Thursday, 8/29	Assessment; Mental Status	Ch. 2,3
Tuesday, 9/3	DSM; Dx and Tx	Ch. 2,3
Thursday, 9/5	Anxiety Disorders	Ch. 5
Tuesday, 9/10	Anxiety Disorders	Ch. 5
Thursday, 9/12	Trauma and Stress Disorders	Ch. 6
Tuesday, 9/17	Depressive Disorders	Ch. 8
Thursday, 9/19	Case Analysis	
Tuesday, 9/24	Suicidality	Ch. 9
Thursday, 10/6	Somatic Disorders	Ch. 7
Tuesday, 10/1	<i>NAMI Speaker Series "In Our Own Voice"</i>	

Thursday, 10/3	Review - Have Study Guide Prepared	
Tuesday, 10/8	<b>MIDTERM (Turn in Group Presentation Topic w/ Group names)</b>	
Thursday, 10/10	Eating Disorders	Ch. 10
Tuesday, 10/15	Substance Abuse	Ch. 11
Thursday, 10/17	Sex and Gender	Ch. 11
Tuesday, 10/22	Sex and Gender	
Thursday, 10/24	Psychotic Disorders	Ch. 12
Tuesday, 10/29	Personality Disorders	Ch. 15
Thursday, 10/31	Personality Disorders	Ch. 15
Tuesday, 11/05	Child Adolescent Disorders	Ch. 16
Thursday, 11/07	Child and Adolescent Disorders	
Tuesday, 11/12		Presentations Groups (1 group)
Thursday, 11/14		Presentations Groups (2 groups)
Tuesday, 11/19		Presentations Groups (")
Thursday, 11/21		Presentations Groups (")
Tuesday, 11/26		Presentations Groups (")
Thursday, 11/28	THANKSGIVING BREAK!	
Tuesday, 12/3	<i>NAMI Speaker Series "In Our Own Voice"</i>	
Thursday, 12/5	Final Review – Have Study Guide Prepared	
	Extra Credit work due today	
Thursday, 12/12	7am-850am	<b>FINAL</b>

Title IX: Please note that there are two executive orders from the CSU's Office of the Chancellor that limit what information faculty members are able to keep confidential. These are Executive Order 1096 (which relates to reporting of campus sexual assaults) and Executive Order 1083 (which relates to mandatory reporting of child abuse). What this means is that CSU faculty members are what are called "mandatory reporters," which means that once we are apprised of such incidents, we are required to report the incident to our Title IX officer on campus,

regardless of whether the student wants this information reported or not. It may very well be that you would like the information reported but you do not know whom to approach about this information, in which case our mandatory reporting requirements will be desirable to you. However, if you just wanted to emote about an incident but do not want it reported, neither you nor I have any choice in this matter, and once it is divulged, I must report it. This is just to let you know about the kinds of requirements under which we all are operating. For additional information, please visit the following Cal Poly Pomona web page: <http://www.cpp.edu/~title-ix/index.shtml>