

Abnormal Psychology
Psychology 4150-01
MW 2:30-3:45, via Zoom Only
Fall 2021

Professor: Saadia McLeod, Ph.D.

Private Practice Office: 21660 Copley Drive, Suite 210
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Office Hours: Mondays 1-2pm, Wednesday 1-2pm by email

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Website for all course materials: www.drsaadiamcleod.com

Canvas will be used to post grades, submit assignments, and administer exams. Be sure check your bronco email for any communications from the instructor. Changes and additions to the course may be posted in canvas and/or via email.

Course Description: The causes, description, and treatment of mental illness. Emphasis is on an integrated analysis from a psychosocial viewpoint. Prerequisite: PSY 2010 or 2020.

Expected Outcomes:

- Develop the historic foundation of psychopathology
- Understand the role of cultural factors in the dx/tx of psychopathology
- Knowledge of the major theories of etiology of psychopathology
- Knowledge of the major theories of the treatment of psychopathology
- Knowledge of disorders outlined in the DSM-5
- Analyze critical issues in studying abnormal behavior
- Knowledge of basic legal concerns in psychopathology
- Awareness of the criteria differentiating abnormal and normal behavior

Required Text:

Sue, D., Sue, D.W., & Sue, S. (2010). Understanding Abnormal Behavior (11th ed). Boston: Houghton Mifflin Co.

Grading Scale: Total Points = 200; A = 186+ points, A- = 180+ points, B+ = 174+ points, B = 166+ points, B- = 160+ points, C+ = 154+ points, C = 146+ points, C- = 140+ points, D+ = 134+ points, D = 126+ points, D- = 120+ points, F = or < 119 points.

Components of course grade: Midterm = 60 points; Final = 80 points; Group Presentation/Paper = 40 points; Participation/Group work = 20 points. Exams: The exams will consist of multiple choice questions and short answer essay questions. Exams may include material from lecture, discussion, slides, assigned readings, or in-class group work. The final exam will not be cumulative.

In-Class Group Work: will be graded credit/no credit. Group work credit will be tallied at the end of the semester with 90% compliance earning full 20 points. Each student is responsible for submitting the group work individually, even though each group will turn in the same material. Groups will be formed randomly for each class session's group work. Group work is submitted after class. Making up missed in class work will not be possible. Please submit work in **word file or pdf format**.

Grades on Canvas: Do not rely on canvas' grading summary. It tends to be inaccurate when using a credit/no credit assignments. Please calculate your own total summary and grade by adding up your individual scores and dividing by total possible.

Group Presentation: The final project will be done in an approximately 10 person group. This group will be formed early in the semester via Canvas. Students are responsible for exchanging contact information once groups are formed. All students are expected to contribute equally and do their part.

Each group is expected to present on a specific mental illness focusing on the diagnosis and treatment of the disorder. Note: the intent of this project is to focus of treatment and **not the cause of the disorder**. The duration of the presentation will depend on the number of groups formed (at least 20 minutes). Students may choose any disorder published in the Diagnostic and Statistical Manual – 5. These include mood disorders, anxiety disorders, eating disorders, ADHD, Autism, personality disorders, paraphilias, psychosis, personality disorders, substance use, and trauma. This is just some of the possible areas of focus. The presentation should

describe the disorder diagnosis criteria, include an interview of a counselor/therapist who treats that disorder, describe the major challenges to the counseling process for both client and therapist and, lastly, therapeutic approaches to treatment and efficacy. The presentations must have a visual component (power point, video, brochures), 5-page (minimum) paper summarizing the information, and an annotated bibliography with APA-style references (min of 2 citations per person, only articles published in scholarly journals accepted). In addition, each group will submit a list of responsibilities met by each group member. Keep in mind that your individual grade will reflect YOUR effort and contribution made to developing the presentation. This is not a group grade! There is an addendum in the assignments tab for additional guidance on this project.

Given the size of this class and the groups, please designate half of the group members to working on the term paper and the other half to the oral presentation. The paper and the presentation should mirror each other in terms of content.

Term Paper: Those assigned by their group to compile the term paper will need to submit the paper into Canvas. This must be submitted the same day as the group's presentation. Each writer must have a minimum of 2 scholarly citations and minimum of 2 pages (APA format). Each person must submit the paper with their portion highlighted or clearly labeled as their own.

Oral Presentation: Presenters will submit only an annotated bibliography into canvas the day of the presentation. Make sure your video feed is on during your presentation. You are welcome to use a virtual background. Do not read from prewritten material. Working off note cards is fine. Each presenter must submit the annotated bibliography into canvas.

All submitted work must be in Microsoft Word or PDF format.

Please turn in your topic of interest and list of your group members names by the midterm review.

Exams:

All exams will be administered via canvas during our normal class time. Exams can be found under the 'Quizzes' tab. Exams will be given during class times. I will not be requiring students to zoom while taking the exam because some accessibility concerns. Students are expected to

uphold the integrity of the exam by taking it individually and without reliance on resources other than themselves.

If there are technical difficulties during the exam, please email the professor immediately.
Do not consult with fellow students during the exam.

Participation:

Students are expected to attend class, to be on time, and to **actively participate in class** discussions and activities. Students should come to class having done the required reading for that day and with all completed tasks and assignments. You should be prepared to discuss the readings and topic for that day, challenge the ideas presented, present your own thoughts and ideas, and integrate these with material from the readings.

Please turn on your camera during class unless you have contacted me and provided a legitimate reason.

Make up Exams:

Make-up exams will be given only in cases of extreme emergency (e.g., passing of an immediate family member, a car accident, or emergency surgery). Emergency must be supported with official documentation. Arrangements must be made with the professor ahead of time.

Academic dishonesty (see [dsa.csupomona.edu/judicial affairs](http://dsa.csupomona.edu/judicial%20affairs)) may result in course failure and sanctions from the Office of Student Conduct.

Student Etiquette:

It is also expected that students in the class will act in a professional manner at all times, especially when in group work. This means that you should treat everyone with respect, pay attention, and keep everything you hear confidential. CONFIDENTIALITY with regard to student information heard during class IS AN ABSOLUTE REQUIREMENT. Disregard of this confidentiality policy could result in failure in the course.

Zoom Etiquette:

Students are expected to abide by the university standards of academic integrity (e.g., no cheating, plagiarism, drunkenness, etc.) and civility (i.e., proper conduct). Students who are caught cheating may fail that assignment or the entire course and may be reported to Office of Student Conduct. Students are also expected to treat professors, staff, and fellow students with the utmost respect. Incidents of behavioral misconduct may be reported to Office of Student Conduct. Given the sensitivity of the course topic, it is absolutely essential that students maintain an environment of intellectual openness, rational discussion, and mutual respect.

Disability:

If you believe you have a physical, emotional, or medical condition that may impact your ability to succeed in this course, contact the Disabilities Resource Center (Building 9, room 103) who will communicate directly with your professor any appropriate accommodations that should be made on your behalf.

Email Communication:

When communicating with the professor, please be sure to include your full name, and the name of the class and section number in your email. Also, allow 24-48 hours during weekdays to get my response and expect 48 to 72 hours during weekends. It is critical that before you contact me, you consult with the syllabus. I will not respond to emails when the answer is in the syllabus. Please use your bronco student email instead of personal email when communicating with the professor or fellow classmates.

Getting Help:

Students experiencing significant personal distress should call Cal Poly Pomona Counseling and Psychological Services at (909)869-3220, or visit them in Building 66 (Bookstore), Room 110.

Internet Disruptions:

It is unfortunately likely that the internet may fail us on occasion during our class session. If a zoom session becomes too spotty or glitchy, we will end it and I will post the class activities to do later. I will try to approximate the level of activity to be done in class and not more.

I will try to post recordings of class lectures, but please note that in class work is part of your grade assessment. Do not rely on the posted recordings only. The posting themselves may also be unreliable. Although identifying information has been changed, *if I discuss confidential cases in session, I may not post recordings.*

Tentative Class Schedule (Subject to change at professor's discretion)

<u>Date</u>	<u>Topic</u>	<u>Text</u>
Monday, 8/23	Introduction to the Course	
Wednesday, 8/25	Defining Abnormality	Ch. 1
Monday, 8/30	Assessment; Mental Status	Ch. 2,3
Wednesday, 9/1	DSM; Dx and Tx	Ch. 2,3
Monday, 9/6	Labor Day – no class	
Wednesday, 9/8	Anxiety Disorders	Ch. 5
Monday, 9/13	Anxiety Disorders; GROUPS FORMED FOR Final Project	
Wednesday, 9/15	Trauma and Stress Disorders	Ch. 6
Monday, 9/20	<i>NAMI Speaker Series "In Our Own Voice"</i>	
Wednesday, 9/22	Depressive Disorders	Ch. 8
	<ul style="list-style-type: none"> • Start submitting group topic(Canvas) 	
Monday, 9/27	Suicidality	Ch. 9
Wednesday, 9/29	Somatic Disorders	Ch. 7
Monday, 10/4	Review - Have Study Guide Prepared	
	Groups submit group topic in Canvas – Last Day	
Wednesday, 10/6	MIDTERM – on Canvas, no zoom	
Monday, 10/11	Eating Disorders	Ch. 10
Wednesday, 10/13	Substance Abuse	Ch. 11
Monday, 10/18	Sex and Gender	Ch. 11

Wednesday, 10/20	Case Analysis	
Monday, 10/25	Psychotic Disorders	Ch. 12
Wednesday, 10/27	Personality Disorders	Ch. 15
Monday, 11/1	Child/Adolescent Disorders	Ch. 16
Wednesday, 11/3	Child Adolescent Disorders	
Monday, 11/8	Case Analysis	
Wednesday, 11/10	Presentations Groups 1 & 2	
Monday, 11/15	Presentations Groups 3 & 4	
Wednesday, 11/17	Presentations Groups 5 & 6	
Monday, 11/22	Presentations Group 7 & 8	
Wednesday, 11/24	Presentations Group 9 & 10	
Monday, 11/29	Presentations Group 11	
Wednesday 12/1	Final Review – Have Study Guide Prepared	
Wednesday, 12/8	3-450pm	FINAL EXAM – on Canvas, no zoom

Title IX: Please note that there are two executive orders from the CSU’s Office of the Chancellor that limit what information faculty members are able to keep confidential. These are Executive Order 1096 (which relates to reporting of campus sexual assaults) and Executive Order 1083 (which relates to mandatory reporting of child abuse). What this means is that CSU faculty members are what are called “mandatory reporters,” which means that once we are apprised of such incidents, we are required to report the incident to our Title IX officer on campus, regardless of whether the student wants this information reported or not. It may very well be that you would like the information reported but you do not know whom to approach about this information, in which case our mandatory reporting requirements will be desirable to you. However, if you just wanted to emote about an incident but do not want it reported, neither you nor I have any choice in this matter, and once it is divulged, I must report it. This is just to let you know about the kinds of requirements under which we all are operating. For additional information, please visit the following Cal Poly Pomona web page: <http://www.cpp.edu/~title-ix/index.shtml>

Student Resources:

Student Health Center: <https://www.cpp.edu/~healthcounseling/health/index.shtml>

Counseling and Psychological Services: <https://www.cpp.edu/~healthcounseling/counseling/contact-counseling.shtml>

Wellness Center: <https://www.cpp.edu/~healthcounseling/wellness-services/index.shtml>

Survivor Advocacy Services: https://www.cpp.edu/~healthcounseling/survivor_advocacy/index.shtml

Financial Aid & Scholarships: <https://www.cpp.edu/~financial-aid/index.shtml>

Food Bank (Poly Pantry): <https://www.cpp.edu/~basicneeds/food-resources/poly-pantry.shtml>